

Find this issue and more at: www.avenburylakes.com November 2020

INDOOR POOL SCHEDULE

Because water aerobics exercise enhances strength and mobility for many of our residents, we are allocating 4 sessions/week in the indoor pool for self-directed water aerobics exercise. The remaining 12 sessions/week will be open swim sessions. This schedule is limited due to the requirement for sanitizing every 2 hours. Enter through fitness room door, use hand sanitizer provided, and sign Indoor Pool tracking sheet.

* Showers and water fountains are not available.

- * Facemask is required at all times (except in the pool water).
- * Observe social distancing.
- * Use the hand sanitizer provided.

For each session:

- * Only 6 residents may use the pool at any one time.
- * Please move aside to open the lanes for lap swimmers when necessary.
- * Bring your own water exercise items.
- * Spa use is limited to 1 person at a time or 2 people from the same household.

Monday and Friday

Session #1 - 10:00 AM to 10:45 AM Session #2 - 11:00 AM to 11:45 AM – water aerobics exercise ONLY Session #3 - 1:00 PM to 1:45 PM Session #4 - 2:00 PM to 2:45 PM

Tuesday and Thursday

Session #1 - 10:00 AM to 10:45 AM Session #2 - 11:00 AM to 11:45 AM Session #3 - 1:00 PM to 1:45 PM - water aerobics exercise ONLY Session #4 - 2:00 PM to 2:45 PM

Pool is CLOSED on Wednesday

<u>Saturday</u> Same weekday rules as shown above apply. Session #1 - 10:00 AM to 10:45 AM Session #2 - 11:00 AM to 11:45 AM

<u>Sunday</u>

Same weekday rules as shown above apply. Session #1 - 1:00 PM to 1:45 PM Session #2 - 2:00 PM to 2:45 PM

Residents are reminded to be respectful when interacting with staff members and fellow residents. If we are to keep the Pool open, then this limited schedule will require the full support of all residents. We appreciate your cooperation.

HOA Board of Directors



*****HOLIDAY INFORMATION*****

The Lawrence Community Management Group Staff will be off for the Thanksgiving Holiday on **Thursday**, **November 26**th and **Friday**, **November 27**th. All emails and phone calls will be returned on Monday, November, 30th. If you have an Emergency, contact Lawrence Community Management Group at 440-937-2800.

> The entire Lodge will be **CLOSED** and **LOCKED** on Thanksgiving Day and Christmas Day. There will be **NO** Indoor Pool or Exercise Room access on those days.



As we approach the Holiday Season please note:

~ All articles for the **DECEMBER** Breeze **MUST BE** submitted by **Friday**, Nov. 13th. ~ All articles for the **JANUARY** Breeze **MUST BE** submitted by **Friday**, **Dec.** 11th.

Late articles have **no guarantee** of being included in either issue. If you are unable to meet those deadlines, please contact Patty at the Lodge (440-937-9387) as soon as possible.

THANK YOU FOR YOUR COOPERATION!!!

Monday Morning Bible Study



Monday Morning Bible Study has so much to be THANKFUL for this month of November. We have been meeting in the classrooms at Providence Church on Detroit Road. And we have focused on giving back to the little ones in our community through CHRISTMAS SHOE BOX GIFTS. Please join in the Bible Study as we continue our study of HEAVEN. Everyone is welcome. Call Phyllis

Barrett 440-465-5312 for additional details. Have a safe and Blessed Thanksgiving Day and Season.

Avenbury Investment Club

AMEN meets at 10:00 AM on the first Tuesday of every month on Zoom. We welcome potential new members (both men and women) to get on Zoom and see what we do. For further information, contact Gene Braden at 242-1296.



Book Club



The Avenbury Book Club will meet by Zoom on November 5^{th} from 10:30 to 11:45 AM. If you have attended meetings in the last few years you will receive your Zoom invitation by email. If you are new to the Book Club and would like to take part in this meeting, please email me at kathleenvb@aol.com

The novel we will discuss is <u>The American Agent</u> by Jacqueline Winspear.

As the Germans unleash the terror of the 1940 blitzkrieg upon the British Isles, raining death and destruction from the skies, heroine Maisie Dobbs, former WWI nurse, psychologist, and private investigator, works with British authorities and the US Department of Justice to solve the murder of Catherine Saxon, an American Senator's daughter and a correspondent reporting on the war in Europe. Wartime secrets, propaganda, blackouts, and nighttime bombing raids make finding the killer almost mission impossible.

Quilt Club

Mary Lou McMahon has been busy making quilts during our stay at home. In October the Quilt Club began donating quilts to various local groups, just in time for the cold weather.





In-Home Exercise Options

<u>Virtual Chair Yoga</u> via Zoom. Did you know you can practice yoga right where you sit? The chair makes it easier to balance and practice some poses that may not be possible on the ground. Classes are led by Anita Ribout (former in-person yoga teacher with Avenbury) and Deirdre Wenzel alternating week to week. All are welcome, no yoga experience required.

Upcoming Series:

November Series - \$15, November 5th, 12th, & 19th from 10am-11am. Registration closes November 4th.

December Series - \$15, December 3rd, 10th, & 17th from 10am-11am. Registration closes December 2nd.

Please email <u>aribout1@gmail.com</u> to register or inquire further.

Heart and Soul Fitness at HASFit.com.

Click on the Find a Workout button, and choose a 15, 20, or 30-minute exercise session based upon your personal preference. There's one 30-minute session especially for seniors that can be done standing or seated on a chair.

Workouts for Seniors at GrowYoungFitness.com.

Scroll down toward the bottom of the Home Page to find **free** workouts especially for seniors that enhance balance, build strength, help with weight loss and other issues.

Five Exercises for Seniors at YouTube.com.

In the Search bar, type "5 exercises for seniors" and you will get a list of several **free** exercise programs, any of which you can do in just a few minutes every day.

Free Classes and Videos at Silver Sneakers.com.

If your health insurance plan offers Silver Sneakers, you can create an account at this website and access numerous **free** classes and on-demand videos for healthy back and core muscles, balance, stress management, nutrition and more.

Missing that favorite restaurant?



Tired of cooking the same old meals while you are staying in? Try some of the recipes on the Avenbury Web Site at <u>avenburylakes.com</u> (no password required). For a number of years **Deanna Roberts** has been posting tried and true recipes from the wonderful cooks here at Avenbury Lakes. The recipes are divided into categories: main dishes, soups, side dishes, appetizers, bread, breakfast/brunch, and dessert. The recipes have come from more than ten years of social events like the chili contest, soup night, the annual Xmas party, and various potlucks. And the desserts are sensational! Just click on the New link for Recipes on the home page to find them. Would you like to share a favorite recipe you have been turning to regularly? Email it to **Deanna** or use the online form and she will share it with everyone.















































































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Community Manager Report



~ Election Day: Tuesday November 3rd, 2020 is Election Day. The Lodge Activity Room is no longer the voting location for Avenbury residents. The new voting location is Hope Christian Church at 32625 Detroit Road, Avon Ohio 44011. Don't forget to VOTE!!

 \sim Town Hall Meeting: Due to the pandemic, we will not be able to hold an in-person Town Hall Meeting this year. However, a letter will be sent to all

residents reviewing the 2020 Budget and presenting the 2021 Budget including operating expenses, reserve expenditures and maintenance fees. The Board will be available to answer your questions via the AvenburyLakes.com website or by leaving a letter at the Information Center.

~ Brightview updates: Leaf cleanup will be taking place through the end of the year. Every effort will be made to remove leaves from the property, however, in some areas small amounts may be mulched by the mowers and some leaves may be blown into natural areas. All irrigation systems should now be shut off for the winter. Activities will begin in preparation of winter snow removal including the placement of snow stakes. Re-seeding will take place in the Spring of 2021 in some areas. As always please contact the Information Center if you have any questions or concerns regarding landscape or snow issues. While the Office remains closed, we monitor email and voicemail, and we will get back to you.

 \sim Snow removal activities: Just a reminder that as we move into winter, please remove ALL items from driveways, front porches and walkways. This will prevent items from being damaged by snow removal equipment. If you are putting up holiday decorations or lighting remember that the snow may cover extension cords to those items creating a hazardous situation for snow removal crews.

~ Gutter Cleaning: Our contractor, Rolling Thunder, will begin to clean gutters for those on the gutter cleaning list as soon as the weather allows and the majority of leaves have fallen. Last year, Rolling Thunder was here around Christmas, so it is always a moving target depending on the weather.

~ Dog Licenses: Please be aware that all dogs must have a valid license for 2021 by January 31st, 2021. Licenses are available at Drug Mart, The Rock Pile and many local animal shelters.

 \sim Paint Colors: If you are thinking about re-painting your front or rear primary door, please make an appointment with the Information Center to get paint samples that have already been approved by the Architectural Committee. You do not need approval for this activity if you use these particular colors and there are many to choose from.

~ RV Lot Parking Reminder: This parking lot is an amenity intended for the use of Avenbury Lakes owners and occupants. It can also be used for guests upon request. Please make an appointment with the Information Center to fill out a Rental Agreement Form to rent a parking space. All vehicles, trailers, RVs and boats must have current license plates, have insurance and be registered to an Avenbury owner/ occupant. For more details, please refer to Section R, pages 30-32 in the Rules and Regulations Handbook.

~ Indoor Pool/Spa/Exercise Room: These amenities are open for limited hours 6 days per week. Enjoy the warm water as the weather outside gets chilly!

~ Abitibi Bins: The containers are usually emptied every other week on a Tuesday. In order to maximize space for all those using the bins, please break down cardboard boxes prior to placing them in the bins. Thank you!!

Coupon Books: Remember to contact Lawrence Community Management
Group at (440-937-2800) if you no longer want to use a coupon to pay your
Maintenance Fee. If you continue to use a coupon, you will be charged \$15 for
the coupon book. Also, Maintenance Fees can only be accepted at Lawrence.
The Information Center DOES NOT accept Maintenance Fee payments.



Landscape News

Another summer has come and gone and cold weather is around the corner. By now you have probably cleaned out your annuals and cut back your perennials. However, you may decide not to cut back the black-eyed susans and cone flowers and let the birds enjoy the seeds during the winter.

All of the shrubs have been trimmed, are dormant and ready for winter. If your shrubs or trees are new, planted in the last year or two, it might be beneficial to build a barrier around them with burlap and stakes. These items can be purchased at your local nursery. This protects them against heavy snow and blustery winds that can do permanent damage to them.

Areas of Avenbury are now 20 years old. Many of the original shrubs in the areas attached to our homes have become overgrown and woody. Some of us are starting to think about having them removed and replacing them. This is the time to start thinking about what you would like to change and using our

approved plant list to make your decisions. A look at our dwarf shrubs and trees might be easier to maintain in our small beds through the years. As always, a landscape request must be submitted and approved before you start a project.

Lastly, Happy Thanksgiving to all our neighbors. The Landscape Committee

Flag Policy (from Rules & Regs, M.13, b.)

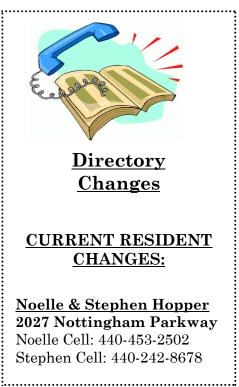
The Avenbury Lakes Homeowners Association and the Board of Directors values the service of our military personnel and first responders, especially those whose duty resulted in their ultimate sacrifice. To honor those who have served our country, the Board has adopted a policy that requires the Lodge's American flag to be lowered to half staff every year on the following dates: Peace Officer's Memorial Day on May 15th; Memorial Day the last Monday of May; Patriot Day on September 11th; the first Sunday of October remembering Fallen Fire Fighters, and Pearl Harbor Remembrance Day on December 7th.



In addition, when the President of the United States requests that the flag be lowered to half staff to honor the passing of a past president of the United States or for a national tragedy (e.g., mass bombing, mass shooting) as determined by the President, the American flag at the lodge will be lowered to half staff.

The Avenbury Veterans Group will coordinate these responsibilities on the above five (5) remembrance days and will monitor the proclamations set forth by the President of the United States to lower the American Flag to half staff for the prescribed period of time and execute the order as set forth in 13b above.

The flag will be removed when the wind speed is, or is expected to be, 35 MPH or greater.





Avenbury Lakes Homeowners Association Information Center 2122 Southampton Lane Avon, OH 44011

Debra Bryan Community Manager

Joi Kime Administrative Assistant

avenburybusinessoffice@gmail.com

Information Center Hours: *By appointment only* Phone: 440-937-9441 Fax: 440-937-9452

Emergency Maintenance After Hours: call 440-937-2800 <u>Medical Emergency: call 911</u>

Avenbury Lakes Lodge 35400 Middleton Avon, OH 44011 www.avenburylakes.com

Patty Hales Lodge Administrator phales@lawrencemanagement.com

> Lodge Office Hours: *By appointment only* Phone: 440-937-9387

Fitness Room & Indoor Pool Hours: *Refer to the November Breeze Front Page for information*

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In this month of Thanksgiving, we extend deeply grateful thanks to **Maurine Mescan**, Chair of the Landscape Committee, and **Joy Herbert**, Chair of the Architectural Committee, for lending their expertise in guiding our updated landscape plan through the process of Board approval to completion. Both devoted a great deal of time to phone calls and site visits, sharing valuable insight on design suggestions with us and our landscape professional (*Britton Flash of Rooted Landscaping.*) To those considering future property updates or changes, I strongly recommend homeowners begin with consulting these most capable leaders with proposed modification ideas! Happy Thanksgiving to all! ~ Irene & Jerry Madasz ~

Thank you to **LORENZO'S WOOD FIRED PIZZAS** for visiting our community last month! Alison and her crew did an amazing job providing a tasty meal and a little bit of fun during the pandemic! Thank you to the Board of Directors for allowing this activity, especially Margo Hirth for processing orders in spreadsheet form and making signs for the event. Finally, thank you to all who supported this endeavor! We hope to have more visitors of this type in the future! ~ Judy Cummings ~





1st Fred Moritz, Karen Tibbetts; 2nd Mel Roberts, Barbara Turner;
3rd Marge Kavula; 4th Maureen Stender; 5th Miriam Green, Irene Pina;
7th Betty Osen; 8th Paul DeVries, Cherie Shields; 10th Joyce
Holowczak; 11th Marilyn Bauer, Jerry Wearsch; 12th Pat McRoberts,
Michael Schaffer; 14th Roger Bauer, Earl Jones, Wayne Vidovich; 15th
Ron Schultz; 16th Louis A. Morgan-LaTona; 18th Patricia Furnas; 19th
Betty E. Beauchamp; 20th Tom Weiss; 21st Peggy Parry; 22nd Chris
Hazinakis, Pamela Spinosi; 23rd Jane Ishler, Mike Kirwan, Margaret
Kraker; 26th Anne Nehoda; 27th Gayle Vidovich; 28th Charlotte Barlik,
Margaret Sebastian; 29th Betty Cole.



1st Rita & Bill Briggs; 7th Maurine & Stephen Mescan; 12th Diane & Gerald Petersen; 22nd Maureen & Art Davis; 24th Gail & Michael Schaffer; 26th Sue & Jack O'Hara; 28th Phyllis & Bill Barrett

DISCLAIMER: If you would like your information to be taken off either of these lists, please contact Joi Kime, at the Information Center at 937-9441, to be removed.