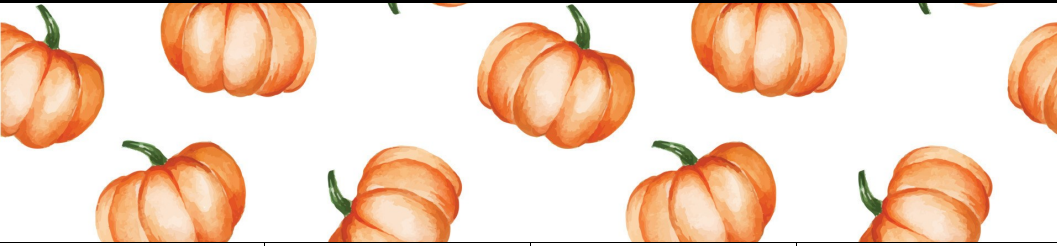


October 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9 am - Walking (Inside) 10:30 am - Book Club 1 pm - Quilt Club 1 pm - Samba 4 pm - Ping Pong 6 pm - H2O Aerobics 6 pm - Pickleball Class	2 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 11 am - Vitality Exercise	3 9 am - Annual Coffee Volunteer Sign-Up 11 am - H2O Aerobics
4	5 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 10:30 am - Bible Study 11 am - Vitality Exercise 1 pm - Samba 6 pm - Pickleball	6 9 am - Walking (Inside) 10 am - A.M.E.N. 10 am - Wii Bowling 6 pm - H2O Aerobics 6:30 pm - Poker 7 pm - Pinochle	7 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 2 pm - Spite & Malice 6 pm - Pickleball 7 pm - Mah Jongg	8 9 am - Walking (Inside) 1 pm - Samba 4 pm - Ping Pong 6 pm - H2O Aerobics 6 pm - Pickleball Class	9 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 11 am - Vitality Exercise	10 9 am - Walking (Inside) 11 am - H2O Aerobics 1 pm - Private Lodge Rental
11	12 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 10:30 am - Bible Study 11 am - Vitality Exercise 1 pm - Samba 6 pm - Pickleball	13 9 am - Walking (Inside) 10 am - Wii Bowling 6 pm - H2O Aerobics 6:30 pm - Poker 7 pm - Pinochle	14 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 10:30 am - Landscaping Mtg 2 pm - ARCH Mtg 2 pm - Spite & Malice 6 pm - Pickleball 7 pm - Mah Jongg	15 9 am - Walking (Inside) 1 pm - Quilt Club 1 pm - Samba 4 pm - Ping Pong 6 pm - H2O Aerobics 6 pm - Pickleball Class	16 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 11 am - Vitality Exercise 11:30 am - POETS	17 9 am - Walking (Inside) 11 am - H2O Aerobics 6:30 pm - Retro Revival
18	19 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 10:30 am - Bible Study 11 am - Vitality Exercise 1 pm - Samba 6 pm - Pickleball	20 9 am - Walking (Inside) 10 am - Wii Bowling 10 am - Volunteers Close Pool Deck 6 pm - H2O Aerobics 6:30 pm - Poker 7 pm - Pinochle	21 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 1 pm - LOL "African Adventure" 2 pm - Spite & Malice 6 pm - Pickleball 7 pm - Mah Jongg	22 9 am - Walking (Inside) 1 pm - Samba 4 pm - Ping Pong 6 pm - H2O Aerobics 6 pm - Pickleball Class	23 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 11 am - Vitality Exercise	24 9 am - Walking (Inside) 11 am - H2O Aerobics
25	26 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 10:30 am - Bible Study 11 am - Vitality Exercise 1 pm - Samba 6 pm - Pickleball	27 9 am - Walking (Inside) 10 am - Wii Bowling 6 pm - H2O Aerobics 6:30 pm - Poker 7 pm - Pinochle	28 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 2 pm - Spite & Malice 6 pm - Pickleball 7 pm - Mah Jongg	29 9 am - Walking (Inside) 1 pm - Samba 4 pm - Ping Pong 6 pm - H2O Aerobics 6 pm - Pickleball Class	30 8:45 am - Body Sculpting 9:30 am - Stretch & Tone 11 am - Vitality Exercise 1 pm - Crochet Club 6:30 pm - BINGO	31 9 am - Walking (Inside) 11 am - H2O Aerobics