

2026

November



SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 10:30 am–Bible Study 11 am–Vitality Exercise 1 pm–Samba	3 9 am–Walking (Inside) 10 am–A.M.E.N. 10 am–Wii Bowling 6 pm–H2O Aerobics 6:30 pm–Poker 7 pm–Pinochle Election Day	4 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 2 pm–Spite & Malice 7 pm–Mah Jongg	5 9 am–Walking (Inside) 10:30 am–Book Club 1 pm–Quilt Club 1 pm–Samba 4–Ping Pong 6 pm–H2O Aerobics	6 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 11 am–Vitality Exercise	7 9 am–Walking (Inside) 11 am–H2O Aerobics
8	9 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 10:30 am–Bible Study 11 am–Vitality Exercise 1 pm–Samba	10 9 am–Walking (Inside) 10 am–Wii Bowling 6 pm–H2O Aerobics 6:30 pm–Poker 7 pm–Pinochle	11 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 10:30 am–Landscaping Meeting 2 pm–ARCH Meeting 2 pm–Spite & Malice 7 pm–Mah Jongg Veterans Day	12 9 am–Walking (Inside) 1 pm–Samba 4 pm–Ping Pong 6 pm–H2O Aerobics	13 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 11 am–Vitality Exercise	14 9 am–Walking (Inside) 11 am–H2O Aerobics
15	16 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 10:30 am–Bible Study 11 am–Vitality Exercise 1 pm–Samba 7 pm–Town Hall Meeting	17 9 am–Walking (Inside) 10 am–Wii Bowling 6 pm–H2O Aerobics 6:30 pm–Poker 7 pm–Pinochle	18 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 2 pm–Spite & Malice 7 pm–Mah Jongg	19 9 am–Walking (Inside) 1 pm–Quilt Club 1 pm–Samba 4 pm–Ping Pong 6 pm–H2O Aerobics	20 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 11 am–Vitality Exercise 11:30 am–POETS	21 9 am–Walking (Inside) 11 am–H2O Aerobics 5:45 pm–A Thanksgiving Catered Affair
22	23 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 11 am–Vitality Exercise 1 pm–Samba	24 9 am–Walking (Inside) 10 am–Wii Bowling 6 pm–H2O Aerobics 6:30 pm–Poker 7 pm–Pinochle	25 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 2 pm–Spite & Malice 7 pm–Mah Jongg	26 Happy Thanksgiving! Offices & Lodge Closed	27 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 11 am–Vitality Exercise 1 pm–Crochet Club Offices Closed	28 9 am–Walking (Inside) 11 am–H2O Aerobics
29	30 8:45 am–Body Sculpting 9:30 am–Stretch & Tone 10:30 am–Bible Study 11 am–Vitality Exercise 1 pm–Samba					